



*Merry
Christmas*

**USI-WZ
NEWS
LETTER**

Issue December 2024





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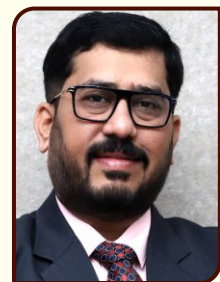
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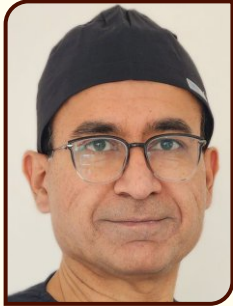


EX OFFICIO COUNCIL MEMBER
DR. PRASHANT MULAWKAR



EX OFFICIO COUNCIL MEMBER
DR. ARVIND GANPULE

MESSAGE FROM THE DESK OF PRESIDENT



DR. ASHISH PATIL
PRESIDENT
USI-WZ

As I pen this first address as your selected representative of the Urological Society of India – West Zone, I am filled with immense gratitude and a sense of purpose. Our zone, representing the dynamic states of Gujarat, Maharashtra, Goa, Madhya Pradesh, and Chhattisgarh, has always stood at the forefront of innovation, academic excellence, and professional camaraderie. It is both an honor and a privilege to lead this vibrant community of urologists dedicated to advancing our field and improving patient care.

The coming year promises to be a transformative journey for us as we continue to nurture academic pursuits, foster collaboration, and embrace emerging technologies. Our flagship event, WZUSICON 2025, scheduled to be held in Ahmedabad from October 3rd to 5th, is shaping up to be a landmark conference. With a special focus on global participation, we are making every effort to invite distinguished international faculty to share their expertise. I encourage all members to actively participate and contribute to its success.

I am also excited to announce the launch of the Publication and Academic Committee, which aims to mentor members in research, facilitate multi-center studies, and enhance the quality of our academic presentations. This initiative is a step towards fostering scholarly excellence and building a stronger academic foundation within our zone.

Furthermore, our council has planned engaging activities, including midterm meetings, webinars, and newsletters to keep the momentum alive throughout the year. I urge all of you to stay connected, contribute to our initiatives, and share your thoughts to help us grow together.

As we move forward, let us remain committed to our collective mission, and increase the strength of our zone by adding more members to the society. Together we will all uphold the legacy of the west zone and make 2024-25 a truly remarkable year for our society.

Thank you for your unwavering support and trust. I look forward to working closely with each of you in the months to come.

MESSAGE FROM THE HON. SECRETARY



HON. SECRETARY
DR. RAJESH KUKREJA

Dear friends and respected seniors, Its an honour and a privilege to address you as the newly appointed Honorary Secretary of the Urological Society of India - West Zone. It is with great enthusiasm and a deep sense of responsibility that I take on this role, and I look forward to working closely with all of you in advancing the mission and vision of our society.

Our society has always been committed towards scientific innovation, collaboration, and progress. Together, we create an environment where knowledge is shared, ideas are nurtured, achievements are applauded and urological treatment refined constantly.

As a continuing effort to enhance our academic growth, we have formed the Publication, Academic and Research Cell of our society by the name of PARC-USIWZ. The aim of this cell is to encourage our members for publishing their data, promote collaborative research and improve our quality of presentations at zonal, national and international levels.

Effective communication in a group fosters trust and unity. We shall communicate to one and everyone in the group about the developments and upcoming activities. As Honorary Secretary, my door is always open to you. Please do not hesitate to reach out with any suggestions, concerns, or ideas that you feel would benefit the society. Our society gets enriched by the contribution and dedication of our members.

In the coming months, we aim to interact regularly with each other through our midterm meetings, webinars and finally at our annual event. I request you all to actively participate, contribute & support one another to strengthen the bonds that unite us as a society.

Last but not the least I would also strive to make Learning not only enlightening but also entertaining. When education entertains, knowledge sticks. We shall learn lessons wrapped in laughter and joy too with some fun excursions and celebrations.

With every step, I reaffirm my dedication to meet your expectation towards our collective success. Looking forward to collaborating with all of you in the months ahead. Thank you. "Coming together is a beginning, staying together is progress, and working together is success."

MESSAGE FROM THE DESK OF EDITOR



DR. KISHOR WANI

Executive Council Member
Editor WZ Newsletter

It gives me immense pleasure to unveil the first edition of USI-WZ newsletter of the month December 2024. This is the first newsletter after new council took over at Raipur. This newsletter highlights the educational webinar conducted in November 2024 also proudly acknowledges the achievements of WZ members.

I thank Dr. Rishi Grover for the write up on reality of classroom. After the success of Raipur conference we all are geared up for the upcoming USI-WZ annual conference at Ahemedabad in October 2025.

If any of the WZ members would like to participate with article towards newsletter please feel free to mail. Wishing you all a Merry Christmas & Happy New Year in advance.

34th ANNUAL WZ-USICON - RAIPUR - REPORT

When we were given the opportunity to host such a prestigious event in Chhattisgarh, we were delighted, but also deeply aware of the great responsibility to make it a success. We wanted to ensure that every aspect of the conference reflected the high standards of the WZUSI. With that in mind, we chose the best possible venue—Mayfair Lake Resort, a seven-star property in New Raipur. However, our focus was not solely on providing a luxurious venue, but to also provide memorable learning opportunities.

The 34th Annual Conference of the West Zone Urological Society of India (WZUSI), held at the scenic Mayfair Lake Resort in Raipur, marked a significant milestone for us at the Urological Society of Chhattisgarh. With over 430 delegates from West Zone states (Gujarat, Maharashtra, Madhya Pradesh, Goa, and Chhattisgarh) we were honoured to host a gathering that emphasized professional growth, academic excellence, and a warm showcase of Chhattisgarh's cultural heritage. Our goal was clear : to foster a dynamic environment for both learning and rejuvenation.

From rich cultural programs to modern amenities, we aimed to show that Chhattisgarh is a destination that blends tradition with innovation, ideal for hosting world-class medical conferences.

Event Day 1 : Kicking off with Engaging Learning Sessions. The conference began with an ISU Learning Program, setting the stage for an engaging day. Sessions included endourology, andrology, pediatric urology, deceased donor kidney transplant, uro-radiology, management of adrenal tumors, female urology, and emergency complication management. Each session was rich with insights and designed to deepen delegates' understanding of these critical areas.

The day concluded with a vibrant opening session in the evening, offering a warm welcome and a chance for attendees to unwind and connect over a memorable evening of camaraderie and celebration.

Day 2 : Orations, Symposiums, and Knowledge-Driven SessionsThe second day sparked competitive energy with an engaging urology quiz, followed by prestigious orations. Special recognition goes to Dr. Kandarp Parekh for Dr. V.V. Desai orations, Dr. Percy Chibber for Dr. A.G. Phadke oration and Dr. Rajendra Lahoti for Dr. S.S. Bapat oration. Their esteemed orations offered invaluable perspectives on cutting-edge advancements in urology. Their sessions were a true highlight, leaving attendees with practical insights to incorporate into their practices. Attendees participated in a diverse lineup of sessions, including the Karanjiawala Symposium, Know Your Gurus, State of the Art sessions, discussions on oncology, urethral reconstruction, pediatric urology, andrology, and legal aspects of renal transplantation. The day offered a deep dive into essential topics, underscoring current advancements in urology.

Day 3 : From BPH to Financial Wellness. The third day opened with a highly anticipated session on Benign Prostatic Hyperplasia (BPH), which included a lively debate on surgical versus medical management and case discussions on real-world applications. Following this, a unique financial planning session for urologists offered practical advice on wealth creation and managing finances beyond investing, aiming to equip urologists with long-term financial strategies for both professional and personal growth. The day continued with an impactful session on renal practice in India, with topics like the challenges of practicing in rural areas and tips on establishing a successful urology practice in these regions.

34th ANNUAL WZ-USICON - RAIPUR - REPORT

The session highlighted both the opportunities and obstacles in rural healthcare, providing actionable insights for expanding urological care in diverse settings. The success of this conference would not have been possible without the leadership and guidance of Dr. Lalit Shah, President of the Urological Society of India (USI), and Dr. Prashant Bhagwat, President of the Chhattisgarh Urological Society (CGUSI). I am deeply grateful to my “Team CUS”, who put in tireless efforts day and night to ensure the success of this event.

Their dedication and hard work truly made a difference, and I couldn't be prouder of what we've accomplished together. I also want to thank West Zone Urological Society of India (WZUSI), who shaped the program into a rich and comprehensive exploration of challenging subjects in urology. One of the central aims of this conference was to showcase the endless possibilities that Chhattisgarh has to offer.

Delegates had the opportunity to experience the state's cultural richness, from captivating evening programs to local culinary delights. With three days packed with education, inspiration, and camaraderie, the 34th Annual WZUSI Conference was a memorable success. We thank all our delegates, speakers, and sponsors for their articipation and support, making this event a true celebration of knowledge and community.



CONGRATULATIONS TO THE WINNERS

CATEGORY		PRIMARY AUTHOR	INSTI -TUTE	CITY	ABST -RACT NO.	TITLE OF PAPER
PODIUM	1	Anjali Choudhary	KEMH	Mumbai	23	Role of PSP94/PSA index in referral of lower urinary tract symptoms patients
	2	Saket Patel	MPUH	Nadiad	13	Correlating Preoperative Computed Tomography Parameters with Histopathology
	3	Ankeet Shah	MPUH	Nadiad	24	Does NADT (Neoadjuvant androgen deprivation therapy affects gleason grade)
POSTER	1	Amala Ghalsasi	DY Patil	Pune	135	Innovative management of a complex Urethrovaginal fistula using artificial collage
	2	Akash Rathod	Lilavati	Mumbai	119	Acquired Male Urethral Diverticulum Complicated by Giant Calculi : A Detailed
	3	Skandh Bhatia	GMC	Bhopal	69	Migrated guide-wire sheath: A rare complication with its management.
VIDEO	1	Deepak Biswal	AIIMS	Raipur	168	Transmesocolic Hilum first approach in Laparoscopic Left Radical Nephrectomy
	2	Jinit Shah	KEMH	Mumbai	165	Trans-abdominal repair following unsuccessful Trans-vaginal repair of multiple
	3	Shabbir Husain	Global Hospital	Jabalpur	158	Initial Experience of Endoscopic Vesicovaginal Fistula Repair - A new Horizon

UROLOGY QUIZ WINNER AT 34TH WZUSICON, RAIPUR, OCT 2024.

RANK	NAME OF WINNER	INSTITUTE
1st	DR. MEET DAGA	BYL NAIR Hospital MUMBAI
2nd	DR. RUPIN JHAVERI	MPUH, Nadiad
3rd	DR. SWASTIK BHARDWAJ	Saifee Hospital, Mumbai

USI-WZ ACTIVITIES

Online Crash Course On Research & Publication Methodology - Webinars

USI West zone conducted an Online Crash Course on Research and Publication methodology on 19 and 26 November 2024. “Publish or Perish”. This is an adage which holds true today. The need to start doing research begins with identifying the unmet needs in a clinical situation. There have been several instances wherein the research idea is robust, but the study design and execution are poor. As a result, the conclusions drawn are inconclusive and irrelevant. This emphasizes the fact and need to inculcate ideas of research methodology which is scientific. With this need in mind USI WZ aimed to conduct this crash course is to initiate these ideas in the young minds. The target audience of the session were trainees and the members in carrying research. As the topic was vast, it was scheduled in two sessions with enough buffer time for audience interaction.

The objectives of this session were to educate members how to formulate a research question and on aspects of study methodology while designing the study. In addition, emphasis was also given on educating the members practical aspects and basics in statistics required for a study design. Having done proper research another important issue of choosing a correct journal for publication, identifying ghost journal, and impact factor and other aspect of manuscript writing were also discussed. These sessions were convened and moderated by Dr. Prashant Mulawkar and Dr. Arvind Ganpule.

The first session was held on 19th November 2024. Session opened with initial comments by President elect Dr. Ajay Bhandarkar and Hon. Secretary Dr. Rajesh Kukreja. Dr. Apul Goel Editor of Indian Journal of Urology made introductory remarks. This was followed by didactic lectures covering various topics like types of studies, study design and research process by Dr. Gagan Gautam, intricacies of formulating a research question (PICOT, FINER) by Dr. Arvind Ganpule, study methodology, patient selection, randomization by Dr. Arun Chawla, process of literature search, reference management by Dr. Rajesh Kukreja and talk on basics of biostatistics by Dr. Prashant Mulawkar. The second session was held on 26th November 2024.

WZ president Dr. Ashish Patil and Hon secretary Dr. Rajesh Kukreja, IJU editor Dr. Apul Goel initiated the session with their opening remarks. The second session

USI-WZ ACTIVITIES

Online Crash Course On Research & Publication Methodology - Webinars was focused on the task of publishing the research. The talks in this session included plagiarism check by Dr. Abhay Mahajan, choosing correct journal for publication by Dr. Abhijeet Patil art of manuscript writing by Dr. Makrand Khochikar and concluding talk on editorial and review process by Dr. Apul Goel. At the end of both the sessions an MCQ based online examination of all participants was conducted. The sessions received good response form the participants. There was active participation from the members from all USI zones. All participants were awarded an certification of participation on completion of the MCQ exam.


DR. PRASHANT MULAWKAR
CONVENOR

DR. ARVIND GANPULE
CONVENOR


USI-WZ ACTIVITIES CALENDER @ 2025

No.	VENUE	DATE	ACTIVITIES / TOPICS	
1.	Khajuraho	8th-9th March 2025	WZ- FINANCECON	MID TERM MEETINGS
2.	Nadiad	21st - 22nd June 2025	URO PRACTICES	
3.	Aurangabad	2nd - 3rd August 2025	ENDOUROLOGY	
4.	Greece	2nd - 11th May 2025	OVERSEAS MEETING	
5.	Ahmedabad	3rd - 5th October 2025	WZ USICON 2025	ANNUAL CONFERENCE


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Mangaldas Ni Haveli



Kankaria Lake



Jama Mosque



**35th Annual Conference of
UROLOGICAL SOCIETY OF INDIA WEST ZONE**
3rd - 5th October, 2025
Mahatma Mandir, Gandhinagar, Ahmedabad.

www.wzusicon.com



USI-WZ Midterm Meeting 2025



Uro-Practice Conference **June 21-22, 2025**



Block The Date
2nd & 3rd August 2025



Endourology Workshop

A Mid Term WZUSI Workshop in association with
Aurangabad Urology Association and
MGM Urology Department

Chh. Sambhajinagar

**UROLOGICAL SOCIETY OF INDIA WEST ZONE (USIWZ)
Travels to Greece!**

Proposed Date : 2nd May 2025


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ATHENS


METORA

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8 & 9 MARCH 2025

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UROLOGICAL SOCIETY OF INDIA WEST ZONE**
3rd - 5th October, 2025 Mahatma Mandir, Gandhinagar,
WORLD HERITAGE CITY OF INDIA AHMEDABAD

	REGISTRATION	TRAVEL	FOOD	ACCOMMODATION	OTHER
1. Delegate	15000	15000	15000	15000	15000
2. Accompanying person	7000	7000	7000	7000	7000
3. PC	5000	5000	5000	5000	5000

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USI ACTIVITIES CALENDER

TENTATIVE DATES AND VENUE OF NEXT YEAR'S SUBSPECIALTY MEETINGS

No.	ACTIVITIES	DATE	PLACE
1.	UROLITHIASIS	11th -12th April 2025	Kolkata
2.	TRANSPLANT	8th - 10th May 2025	Kochi
3.	ANDROLOGY	7th - 8th June 2025	Mumbai
4.	UROONCOLOGY	24th - 25th May 2025	Hyderabad
5.	PEDIATRIC UROLOGY	17th - 18th May 2025	Belgaum
6.	FEMALE UROLOGY	18th - 19th April 2025	Mumbai
7.	USICON	9th - 12th January 2025	Chennai

EXTRAORDINARY ACHIEVEMENTS OF WZ MEMBERS

Congratulations For BEST REVIEWER of Journal of Endourology

Dr. Pankaj N. Maheshwari

We are delighted to celebrate our phenomenal reviewers who will be recognized every month. The quality of the journal is entirely dependent on the authors for choosing our journal for their manuscripts and reviewers for ensuring that the submissions are improved. The spotlighted reviewers were selected based on the number, quality and turnaround time of manuscripts reviewed during the last two years. We are also grateful to our Editorial Board for sharing the burden of the reviews.



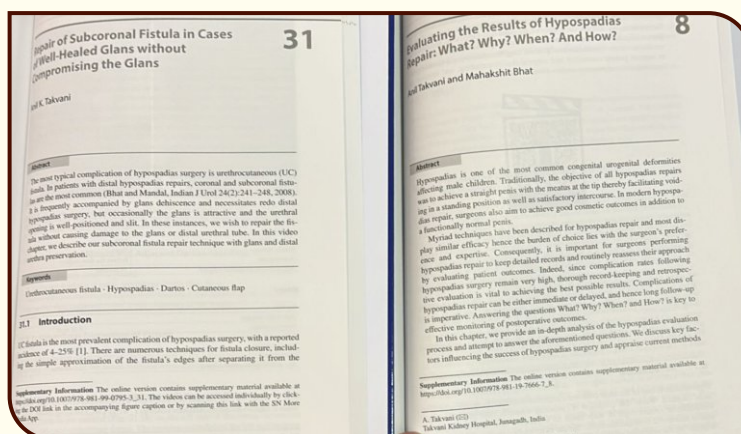
Dr. Pankaj N Maheshwari

Dr. Maheshwari is the head of department of urology at Fortis Hospital Mumbai. He is a respected teacher and the director for the DNB urology program (residency program) at Fortis Hospital. DNB urology is a 3-year urology training program accredited to National Board of Examinations. He is an editorial committee member of Indian Journal of Urology and on the review panel for more than 25 journals. He is Hon. Treasurer and a member of the Executive Committee of the Urological Society of India. After initial training in surgery and urology in India (GMC, Nagpur & Grant Medical College Mumbai), he got himself trained in HoLEP at New Zealand and at New York. He has recently been awarded Fellowship of the Royal College of Surgeons, Glasgow (by invitation).

Dr. Maheshwari is a pioneer of HoLEP in India. He has served on the advisory board for establishing SAARC association of Urologic surgeons (SAUS) and now is the member of the scientific committee of the SAUS. He has also been the National Delegate of Endourology Society from 2003-2005. He has more than 75 publications in peer-reviewed journals and has published more than 120 abstracts. He has been honored with the Urology Gold Medal of the West Zone chapter of USI (2020), the best reviewer award for Indian Journal of Urology (2022) and Journal of Endourology (2021 & 2022) & SIU traveling fellowship (1999). He has authored about 10 book chapters and has been a co-editor of two books published on behalf of Urology Society of India (Atlas of Endourology & USI's Clinical Urology, a practical approach).

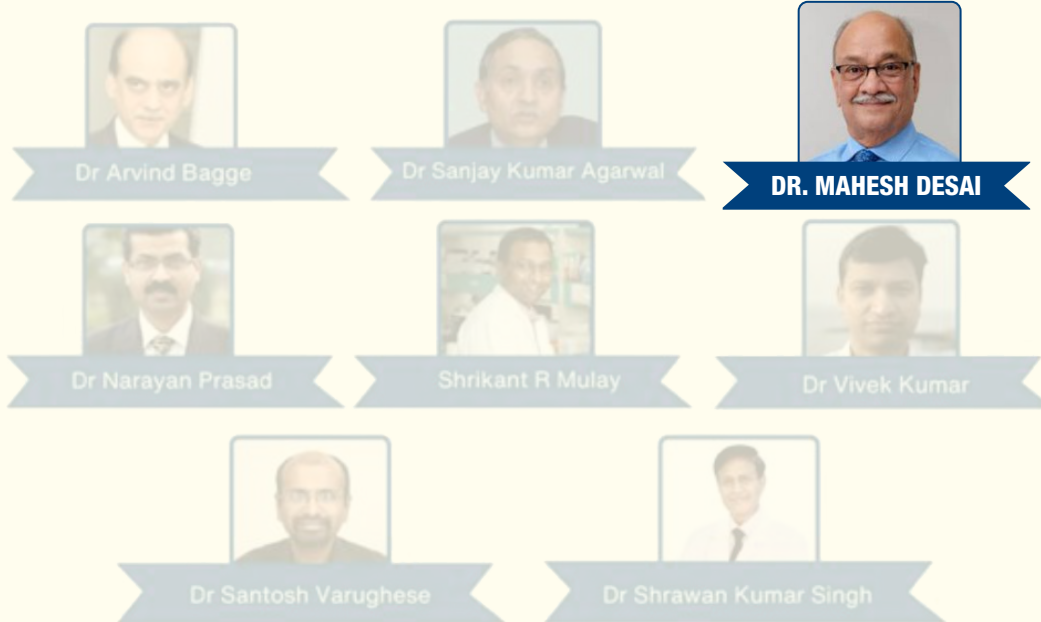
He has been a visiting faculty and speaker at multiple institutions and meetings. His area of expertise includes upper tract endourology, prostate and lasers. He specializes in urolithiasis, BPH, bladder tumor and prostate cancer.

CONGRATULATIONS TO DR ANIL TAKWANI FOR HIS CHAPTER IN VIDEO ATLAS ON HYPOSPADIAS SURGERY



EXTRAORDINARY ACHIEVEMENTS OF WZ MEMBERS

Congratulations DR. MAHESH DESAI For Achieving Place in Scientists Shine in Stanford University's Top 2% Scientists List for 2024



Congratulations DR. MAKRAND KHOCHIKAR for the SIU DISTINGUISHED CAREER AWARD



Congratulations DR. UMESH OZA, Chairperson of the Renal Transplant Section of the Urological Society of India has been awarded the prestigious Fellowship of Indian Society of Organ Transplantation at the recent annual meeting ISOT2024, Ahmedabad for his commendable contribution to the field of Renal Transplantation in India.



EXTRAORDINARY ACHIEVEMENTS OF WZ MEMBERS

Congratulations to DR. KANDARP PARIKH for getting selected as the associate member of EAU section of Endourology (European urology) in the international associates working group.



Congratulations to DR. SANJAY KOLTE for being elected as NATIONAL PRESIDENT ELECT of ISOT

Pflow the innovative product designed by Dr. Ashish Rawandale Patil has been granted the Indian patent. This makes Dr. Ashish the only Urologist to have been granted 11th patents. This innovative product also gained national recognition when it was featured on Shark Tank India Season 2, Episode 15, showcasing its potential to transform kidney healthcare.



Congratulations to Dr. Ashish Rawandale Patil and the entire PFlow team for achieving this significant milestone..!

EXTRAORDINARY ACHIEVEMENTS OF WZ MEMBERS

CONGRATULATIONS..

DR. PANKAJ MAHESHWARI and
DR. PRASHANT MULAWKAR
who has been chosen for the
BEST REVIEWER AWARD for the
YEAR 2024 for the Indian Journal of
Urology.



Award Notification - Honorary Member of the Urological Society of Australia and New Zealand

Dear Dr Makaranda V. Khochikar

It gives me great pleasure to notify you of your selection by our Board to the prestigious role of Honorary Member of the Urological Society of Australia and New Zealand (USANZ) for your significant contribution to the field of Urology and Urologic Oncology during your illustrious career.

CONGRATULATIONS..

DR. MAKARANDA KHOCHIKAR for
selection as **HON. MEMBER** of
Urological Society of Australia and
New Zealand (**USANZ**)

OBITUARY



LATE DR. K. L. BANDI
Sr. UROLOGIST (INDORE)

USI-WZ is Growing..We Welcome Our New Members

CATEGORY	FULL NAME	CITY	MOBILE NO.	EMAIL ID	USI NO.
Full	Ajinkya Manohar Anande	Chandrapur	9960288188	ajinkya962@gmail.com	A314
Full	Dhruvi Mahajan	Mumbai	9819088234	drdhruvimahajan@gmail.com	A374
Full	Gaurav Harshadbhai Bavadiya	Surat	9924729404	gbavdiya@gmail.com	B283
Full	Jitendra Arun Chaudhari	Dhule	9995225797	drjitu82@rediffmail.com	C147
Full	Dr. Babasaheb Dhakne	Aurangabad	9561537644	babasahebdkhane999@gmail.com	D234
Full	Rohit Sanjay Deshpande	Solapur	9921082099	rodesaropri@gmail.com	D243
Full	Bhooshan Valjibhai Dodia	Surat	9825670233	dr.bhushandodia@gmail.com	D299
Full	Dr. Dhirajkumar Shrinivas Hedda	Latur	9028185040	drhdhiraj@rediffmail.com	H076
Full	Dr. Parthraj Jadeja	Rajkot	9429470603	jadeja12689@gmail.com	J187
Full	Jaykumar Rajanikant Joshi	Visnagar	9427019534	joshijay1989.jj@gmail.com	J195
Full	Faiz Ahmed Khan	Indore	9893562044	doctfaizahmed@gmail.com	K370
Full	Koushal Umakant Kondawar	Parbhani	9834707970	kondawarkoushal@gmail.com	K452
Full	Tushar Maruti Kharmate	Beed	9975900627	tusharkharmate@gmail.com	K532
Full	Pravin Kachrulal Ladda	Jalna	8668210953	laddhapk@gmail.com	L040
Full	Sambhaji Madhukar Londhe	Ch. Sambhaji Nagar	7887982137	dr.samlondhe22@gmail.com	L046
Full	Akshay Nathani	Surat	9422928089	drakshaynathani@gmail.com	N 139
Full	Mekhala Naik	Thane	983391764	mekhala_d_naik@yahoo.co.in	N131
Full	Vaibhao Nahadeo Nasare	Nagpur	9021403621	vaibhaonasare22@gmail.com	N187
Full	Sandip Shrikrishna Parhad	Buldhana	8187876299	drsandipparhad2002@gmail.com	P300
Full	Ritvij Ramprasad Patankar	Sawantwadi	9764242244	ritvijpatankar@gmail.com	P374
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Full	Dushyant Shamalbhai Pawar	Ahmedabad	9978833094	doc.dushyant@gmail.com	P404
Full	Patel Naser Nazeer	Latur	8275264748	naser.patel23@gmail.com	P468
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Full	Dhruv Dineshchandra Patel	Ahmedabad	9601778992	pateldhruv.007@gmail.com	P488
Full	Dr. Azharuddin Sharif Patel	Aurangabad	7337837616	drzharpatel998@gmail.com	P494
Full	Deval Parikh	Vadodara	9687053572	deval.parikh@gmail.com	P509
Full	Dr. Ketan Yogeshbhai Pandya	Rajkot	9904276106	ketan860@yahoo.com	P513
Full	Dr. Vinay Pramodkumar Rahangdale	Balaghat	9920645949	vinayr129@gmail.com	R354
Full	Krutik Raval	Ahmedabad	9904282386	krutikraval@gmail.com	R357
Full	Kaushal Kumar Rai	New Mumbai	8552063435	drkaushalrai88@gmail.com	R410
Full	Dr. Kalpesh Saswade	Pune	9766818096	drkalpeshsaswade@gmail.com	S1034
Full	Shekhar Sathaye	Jamnagar	7798727397	ssathaye2@gmail.com	S1112
Full	Shah Pratik Dilipkumar	Vadodara	9898417264	dr.pdshah@yahoo.com	S510
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Trainee	Shardul Umesh Khade	Nagpur	8600364855	skhade6@gmail.com	K666
Trainee	Harsh Rajeev Mehta	Mumbai	9820597026	harshees81@gmail.com	M479
Trainee	Sagade Omkar Shivaji	Pune	8796628587	sagadeomkar99@gmail.com	S1076
Trainee	Devashree Pramodchandra Sane	MUMBAI	9920091177	sane.devashree@gmail.com	S1114
Trainee	Dr. Radhika Suhas Salpekar	Pune	9922062200	radhika.marsv@gmail.com	S988

LECTURE HALLS



DR. RISHI GROVER

A lecture hall is a lecture hall, unless it's in a Medical college, where it is a source of fear and confusion. An average first year medical student approaches lecture halls with trepidation and dread, fearing what new knowledge he isn't going to understand today. As one becomes more senior, the feeling of dread goes away and is replaced by monotony and boredom. The 'toppers' and 'rankers' are a different breed, though. They find out what is going to be taught, read it up

and mostly come to clear their doubts or show off their dedication and knowledge to the Professors or their classmates. While the teachers may be impressed by such characters, this obnoxious behaviour generates immediate hostility among the others and makes them the butt of jokes and ridicule, especially in the labs. Another characteristic of such students is that they mostly lack a sense of humour. They are offended easily, which makes it even more entertaining for everyone else.

Lecture halls follow an unwritten seating hierarchy. Since one is in college and no longer a kid, sitting according to roll numbers is a strict no-no. The most sincere fellows (the academic snobs) try to grab the front row seats and be within noticeable distance of the lecturer. These academically aggressive, hyper competitive types are ever ready to raise their hands to answer queries or clarify doubts or do whatever it takes to constantly remain in the good books of the teachers. This group mostly does very well in the exams, and a lot of them end up in academia in the future. They have a very strong theoretical knowledge but their clinical approach is often impractical. The few of these who do enter private practice, often do not have the essential street smarts and though clinically competent, most of them never really flourish.

The back benchers, true to their name, migrate to the last rows to do their back bencher stuff. This group is quite cohesive and sticks together in times of trouble. While the front benchers won't think twice before pointing fingers or deflecting blame just to stay the teacher's favourite, the back benchers will rarely betray their own. If one of their group is kicked out of the class, they will leave in solidarity, without protest, rather than back stab him. What they lack in academics, they make up for in loyalty to each other. They are among the most

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practising in small, peripheral centres, where they often do quite well.

However, it is the middle rows which hide the real gems. Most teachers focus on the first rows and the back rows, as a matter of human nature. The middle rows might as well be invisible and are the best place for those who do not want to stand out. Here you will find the fellows who are interested in learning but not so much in impressing the teachers. Some of these will be the dark horses who will throw a surprise and get a high rank in the finals, while there are many others who may not shine in the exams, but do exceedingly well in private practice. In this zone you also find the opportunistic troublemakers and the shy, low profile fellows. Both have realized the anonymity which the crowded middle rows offer and use it to remain hidden in plain sight. The middle row dwellers are the ones who have truly understood how psychology works.

In addition to the futile attempts of the teachers to impart knowledge to geeky teens, the lecture halls also serve various other functions. Unlike in other aspects of life, here the girls come early and boys mostly come late. The early males in the class are generally day scholars, coming in from home. A hostelite coming in on time is often cause for concern for his friends. He has either fallen in love or has been possessed by evil spirits. There is no other power which can make a hostelite get up and reach a lecture on time.

Lecture halls are also the locations where many a 'love at first sight' has sprouted. Most of these sprouts never grow the roots of expression or get the oxygen of reciprocation. Most of these sprouts die a natural death. The problem is that mostly, the love remains one sided and is never expressed. And sometimes when a hopeful Romeo does express his feelings, it is rejected brutally. 'Love at first sight' becomes a victim of 'shoot at sight'. Such unrequited love stories are a favorite topic of discussion during the 'daaru' parties which start later, generally from the second year onwards.

In the later years, the lecture halls are no longer so formidable and become places where one goes to complete the attendance quota. Most people listen to the Professors intently, less to gain knowledge and more to get a hint of what questions are likely to be asked in the exams. In the 90s, the attendance was mostly taken on a piece of paper passed around to write your roll numbers upon. Often, absentees would have their presence marked by friends. The snooty front

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benchers rarely got their proxy attendance marked by anyone, while the popular mid and back benchers would often be marked present many times over while they were soundly asleep in their hostel rooms. This unassuming scrap of paper was the testament to many friendships.

After many years in practice, the only halls we enter to hear someone speak are at conferences. Here too, we go in mostly to take a break from chatting and socializing or sometimes, to escape from pesky election candidates. Conference halls have a different dynamic and we may walk down that path on another day.